

CURRICULUM VITAE

Ms.Trushna Sudhakar Kalambe

66,Ayodhyanagar behind sai mandir

Nagpur -440024

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Personal Summery

A committed lecturer with over **7 years** of experience at leading academic institutions teaching students from various social and cultural backgrounds. Possessing excellent administrative, verbal communication and written skills along with constructive and effective teaching methods that promote a stimulating learning environment. Able to work in a managerial role or as part of team and having the proven ability to successfully work to tight schedules and deadlines.

Objective

To establish myself in the field of education, to utilize my skills and experience to help students to achieve high improvements in academics.

Academics

| No. | Degree | Board / University | Year Of Passing | Class |
|-----|---------|-----------------------------|-----------------|------------|
| 1. | M. Phil | Vinayaka mission university | 2009-10 | I Division |
| 2. | B. Ed | Nagpur University | 2008-09 | I Division |
| 3. | M Sc | Nagpur University | 2007-08 | I Division |
| 4. | B.Sc | Nagpur University | 2005-06 | I Division |
| 5 | HSSC | Maharashtra State Board | 2002-03 | I Division |

- NET with JRF exam cleared
- PhD thesis submitted

Relevant experience

| INSTITUTION | SUBJECT | DURATION |
|---|--|------------|
| Sevadal Mahila Mahavidhyalaya, Nagpur | Family Resource Management (Home Science Faculty) | 2008-2009 |
| S.Chandra Mahila Mahavidyalaya, Sadak/Arjuni' | Family Resource Management(Home Science Faculty) | 2009- 2013 |
| S.Chandra Mahila Mahavidyalaya, Amgaon ,Dist. Gondia | Family Resource Management (Home Science Faculty) | 2013-up to |

Project

- <PROJECT with students =
1. Candle making Workshop
 2. Decorative diva's
 3. Decorative pots Workshop
 4. Different Types of Flower Decoration
 5. Painting Workshop
- 6 Cottage Workshop

Extra Curricular Activities

- Managed Cultural Fest of College
- Organize Educational tour
- Worked as faculty Advisor
- Arrange NSS Programs

Participation in Conference

1. Participated in UGC Sponsored Two Days National Workshop on "Adolescence Issues, Concerns and Role of Mentors" Organized by Department of Home Economics, 10th December 2011 at Mahila Mahavidyalaya, Nandanvan, Nagpur.
2. Participated in UGC Sponsored National Seminar on 'NEW DIMENSION OF SPIRITUAL, MENTAL & PHYSICAL HEALTH & THEIR CHALLENGE' Organized by Department of Textile Clothing & Department of Biology, S.S.Girls College, and Gondia on Friday 23rd Sept. 2011.
3. Participated in Two Days National Symposium on "THE RIGHT TO FOOD, CLOTHING & SHELTER: STEP TOWARDS HEALTHY NATION" held on 16 & 17th October 2007 at Mahila Mahavidyalaya, Nandanvan, Nagpur.
4. Participated in Department of Home Economics & Home Science & Adolescent Health Chapter, Indian Academy of Pediatrics Nagpur Sponsored One Days State Level Workshop on "ADOLESCENT ISSUES & CHALLENGES" held on 27th April 2011 at Mahila Mahavidyalaya, Nandanvan, Nagpur.
5. Participated in NAGPUR INITIATIVE IN PROMOTION, TRAINING AND RESEARCH IN WOMEN & CHILD HEALTH. held on 4th Aug. 2005 during World Breast-Feeding Week Celebration.
6. Participated in UGC Sponsored One Day Interdisciplinary National Conference on "CONTRIBUTION OF WOMEN INDIAN ARTS AND CULTURE." Organized by Department of Home Economics & History Seth Kesarimal Porwal College Kamptee, Nagpur & Akhil Bhartiya Itihas Sankalan Yojana, New delhi held on 29th December.
7. Participated in UGC Sponsored National Seminar on 'THE CHEMISTRY OF COSMETIC & ITS IMPACT ON HUMAN HEALTH.' Organized by Department of Chemistry, S.S.Girls College, Gondia on 26th Oct. 2013. Presented poster entitled "IMPACT OF COSMETICS ON THE SOCIAL HEALTH OF HUMAN BEINGS."
8. Participated in NORTH MAHARASHTRA UNIVERSITY, JALGAON sponsored National Seminar on "FUTURE OF INDIA'S INTERNAL SECURITY: CHALLENGES AND RESPONSES" Organized by Department of Defence and Strategic Studies, School of Arts and Humanities, NMU, Jalgaon held on 3rd and 4th Feb 2014. Presented a paper on VIDYARBHATIL EDUCATIONAL SOCIAL ADHYPATAN, BHAVISHYATIL BHARTIYA SURSHITATELA ANTARGAT DHOKA.
9. Participated in UGC Sponsored National Seminar on 'NEW FRONTIERS OF STRESS & ITS MANAGEMENT' Organized by Department of Family Resource Management, S.S.Girls College, Gondia on 11th Oct 2014. Presented paper entitled "MENTAL AND PHYSICAL HEALTH STATUS IN ELDERLY PEOPLE RESIDING IN OLD AGE HOME OF GONDIA DISTRICT, MAHARASHTRA."
10. Participated in UGC Sponsored One day National Level Seminar on "NUTRITION LITERACY: THE MOST EFFECTIVE WAY OF MAINTAINING HEALTH." Held on 20 December 2014 Organized by Department of Home Economics, Dr.M.K.Umathe Arts, Science & R.Mokhare Commerce College, Nagpur.
11. Participated in NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL Sponsored two day National conference on "QUALITY SKILL DEVELOPMENT INITIATIVES IN HIGHER EDUCATION INSTITUTIONS" organized by DHOTE BANDHU SCIENCE COLLEGE, GONDIA, center of higher learning and research held on 14-15th March, 2015.
12. Participated in UGC Sponsored National Conference on "**Management of Biodegradable Waste and Nutritional Strategies**" Organized by POST GRADUATION TEACHING DEPARTMENT OF HOME SCIENCE RASHTRASANT TUKDOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR, on 17th Jan 2015.
13. Participated in one week workshop on "RESEARCH METHODOLOGY & QUANTITATIVE METHODS." Organized by C.P. & Berar College, Tulsibag, Nagpur. (RTM Nagpur University Recognized Place for Higher Learning & Research) from 7th June 2015.

14. Participate in the international conference on FUTURE PROSPECTIVE OF PHYSICAL EDUCATION SPORT SCIENCES & YOGIC SCIENCES Organised by , Department Of Physical Education S.G.B.Amravati, University Amravati, Maharashtra, INDIA 15 to 16 Dec 2017
15. Participate Research paper entitled The Role Of Education On The Emporment Of Woman Organised by Bhote Bandhu Science College, Gondia . 26 & 27 of Nov 2018.
16. Two Day'S National Conference on Socioeconmic Change Through Innovations :Impact On Environment & Wellness of Community Organised by Department of Home Science Rashtrasant Tukdoji Mahraj Nagpur University Nagpur on 11 & 12 Jan 2018
17. Participate in One Day Seminar on Documentation & E-Report Prepatation For New NAAC Methodology held by Sevadal Mahila Mahavidyalaya Sakkardara Chouwk,Umrer Road, Nagpur 13 Dec 2019
18. Participate in One Day Workshop Organizad by Internal Quality Assurances Cell Understanding Minimum Qualification and Pay Revision For Teacher of Higher Education Organised by Renuka College Near petrol Pump, Besa, Nagpur on 14 Dec 2019
19. Participate in One Day Workshop On Entrepreneurial Avennues In Home Science For Syudent Organized By Department Of Home Science Sevadal Mahila Mahvidyalaya, Nagpur on 21 Dec 2019
20. Participated in One Day State Level Workshop on Quality Culture Development and new Reforms in NAAC by Gondia Education Society's Manoharbhai Patel Arts & Commerce College Salekasa on 3rd Feb 202
21. Participated in the National Conference on Rejuvenating Higher Education For Global India Organised by 21st Annual National Conference Of Association Of Indian College Principals AICP 2020 on 6 to 8 Feb 2020
22. Participated in three day International Intedisiplinary Seminar On Women In India and Israel :Past, Present and Future jointy organized by Matru Sewa Sangh Institutute of Social Work Nagpur, School Of Social Work,Sapir College Israel, Tirpude College Of Social Work Nagpur on 12 to 14 Feb 2020
23. Participaded Three days Online Multi Criteria Decision Making Worshop organized by Rest Society For Research International on 23 to 25 April 2020
24. Participated Three Days National Level Workshop On Reseach Methodology, Statistical Techniques & Data Analyasis Using Ms Excel Organised Tilak College of Science & Commerce Vashi on 18 to 20 May 2020
25. Participated on One

Skills

- Strong communication and interpersonal skills.
- Aware of human values
- Good team player

Personal Details

- **Name** : Ms. Trushna Sudhakar Kalambe
- **Date of Birth** : 16th JUL 1986.
- **Language Proficiency** English, Hindi and Marathi
- **Gender** : Female.
- **Marital Status** : Single.
- **Address** : 66 Ayodhya nagar, behind Sai Mandir Nagpur- 440 024
- **Contact No.** : +91-9422736759,7875892981

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| Place | : | Nagpur | Miss.Trushna S. Kalambe |
| Date | : | | |

